



Eastern North Carolina Support Group for Chronic Pain



WHERE: Church of the Good Shepard

2425 North Market Street
Washington, NC 27889

DATE: 4th Thursday of the month

TIME: 6:30-8 PM ET

**CONNECT WITH PEOPLE
WHO UNDERSTAND**

WANT MORE INFORMATION?

CONTACT VOLUNTEER SUPPORT
GROUP LEADER, BRITTANY BARTA,
BY SCANNING BELOW:



- Pain Connection support groups leaders go through comprehensive training led by a licensed social worker
- Groups focus on support and connection, but they also incorporate evidence-based education
- All discussions are strictly confidential

Support groups typically meet monthly, but times may vary. For the most up-to-date schedule, visit painconnection.org.